





# Top Dogs

Nothing says summer quite like the smell of hot dogs on the grill. Here, we pick our favorite organic options and the natural condiments to go with them.


## Between the Buns




**ALL-BEEF:** For a plump, hearty, tastes-like-it-came-off-the-grill treat, try Applegate Farms Great Organic Hot Dog. Made with 100% organic grass-fed beef, this dog has half the fat as many traditional varieties, but all the flavor as your childhood faves.



**PORK & BEEF:** Juicy, with hints of both sweet and salty, Organic Prairie Uncured Hot Dog gives a great snap as you bite into it. For the youngsters, try Niman Ranch Fearless Uncured Franks for Kids. These dogs are made with antibiotic- and hormone-free meat, plus the mild flavor and thin shape make them a great choice for little mouths.



**POULTRY:** Organic Prairie Uncured Chicken Hot Dogs and Uncured Turkey Hot Dogs are skinless, made from organic meat and boast a smoky and hearty taste, but contain much less fat than pork or beef dogs.



**VEGETARIAN:** Want a dog, but not meat? Lightlife's Veggie Dogs are packed with protein and made with organic ingredients, while all-natural Yves Good Dogs boast a delicious hickory flavor. Plus, there's no saturated fat or cholesterol in these dogs, making them summer snacks that won't ruin your diet.

## Tasty Toppers

**KETCHUP:** With Annie's Naturals Organic Ketchup, delight in the same traditional ketchup taste that you love, but without the high fructose corn syrup or pesticide-ridden tomatoes. Or try a new twist on an old classic with Wholemato's Spicy Organic Agave Ketchup, a thick adaptation with a smoky flavor that's sweetened with agave nectar.

**MUSTARD:** Available in a jar or a squeeze bottle, Eden Organic Yellow Mustard Stone Ground with Apple Cider Vinegar is essential for any condiment lover. Gentle hints of vinegar and garlic harmonize in this smooth-textured mustard.

**SAUERKRAUT:** Tree of Life Sauerkraut contains only organic cabbage, water and salt, making it mild enough for even the youngest family member to enjoy.

**RELISH:** For a refreshing summer treat, top your dog with the crunchy Del Monte Organic Sweet Pickle Relish. Its tangy taste will be sure to put your tongue into overdrive.